

"Sexual Health & Healthy Relationships" sexuality *education* program

Thanks to the Missouri Developmental Disabilities Council (MODDC) grant, Paraquad is providing comprehensive sexuality education to people with intellectual and developmental disabilities, in a safe and supportive space.

ABOUT THE PROGRAM

During the four-week course, "Sexual Health & Healthy Relationships," participants will learn about different kinds of relationships and knowing appropriate public and private behavior; making responsible decisions about sexual behavior; avoiding sexual exploitation; practicing proper hygiene and avoiding sexually transmitted diseases; understanding reproduction; and practicing safe sex.

IMPORTANT INFORMATION

Ages: 16-21

Contact: Stephanie McDowell, Youth & Family Supervisor
smcdowell@paraquad.org or 314-289-4265

