

Independent At Home Transition Services



Utilizing Paraquad's hub of resources and knowledge, residents of nursing homes can move back into the community. An independent living specialist works with individuals to address relevant concerns and to build skills that assist in independent living.

Participants may work with specialists to learn about housing, transportation, finances, personal care, and other aspects of living independently. While our specialists offer resources and experience in the planning process, the person with a disability is in control of goal setting and taking the steps to make a successful move.

For more information, call (314) 289-4200 Monday through Friday from 8 am to 5pm or email contactus@paraquad.org



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 **Paraquad**
Making Independence Accessible